

RESEARCH ARTICLE

Tocotrienols activity in MCF-7 breast cancer cells: Involvement of ER β signal transduction

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The term Vitamin E is utilized to describe eight molecules, subdivided into two groups, tocopherols and tocotrienols (TTs). It has been shown that specific TTs affect the growth of several lines of tumour cells, and that this activity is not shared by tocopherols. In agreement with these observations, a TTs-rich fraction from palm oil (PTRF) was reported to inhibit proliferation and induce apoptosis in several cancer cells. However, the molecular mechanism involved in TTs activity is still unclear. We have recently proposed that TTs pro-apoptotic activity involves estrogen receptor beta (ER β) signalling. In this study, we report that, in MCF-7 breast cancer cell, expressing both ER α and ER β , PTRF treatment increases ER β nuclear translocation, as demonstrated by immunofluorescence experiments and significantly inhibits ER α expression (–458.91-fold of change) and complete disappearing of the protein from the nucleus. Moreover, PTRF treatment induces ER-dependent genes expression (macrophage inhibitory cytokine-1, early growth response-1 and Cathepsin D) which is inhibited by the ER inhibitor, ICI 182,780, and induces DNA fragmentation. Finally, cDNA-array experiments suggest that the activation of specific pathways in cells treated with γ -TT with respect to α -TT. Our data suggest a novel potential molecular mechanism for TTs activity.

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1 Introduction

The term “Vitamin E” usually refers to a family composed of α -, β -, γ -, and δ -tocopherols and corresponding four tocotrienols (TTs). The biological role of vitamin E has been initially referred to its ability to affect the resorption-gesta-

tion performance in rodents but, so far, the real biological functions in humans have not been fully understood, and have been generally attributed to a non-specific antioxidant activity [1]. More recently, non-antioxidant activities have been reported for both tocopherols (TOCOs) and TTs with a special concern to their specific ability to affect gene expression and cell response [2].

Recent studies have suggested that TTs have specific functions and activities, distinct from those identified for TOCOs. TTs have been reported to suppress the enzymatic activity responsible for cholesterol synthesis in the liver [3], and to lower both total cholesterol and the LDL fraction. α -TT has been reported to be specifically able to prevent neuro-degenerative processes by regulating specific mediators of cell death [4]. Moreover, it has been demonstrated that oral supplementation of TTs protects against stroke and

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Abbreviations: Bmp-4, bone morphogenetic protein 4; EGR-1, early growth response-1; ER, estrogen receptor; ERE, estrogen-responsive element; MCM, minichromosome maintenance; MIC-1, macrophage inhibitory cytokine-1; PTRF, Tocotrienol-rich-fraction from palm oil extract; SERCA, sarcoplasmic/endoplasmic reticulum calcium ATPase; SFRP, secreted frizzled-related protein; TOCO, tocopherol; TT, tocotrienol

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this phenomenon was linked to their ability to reach brain tissues [5]. Previous reports by others and by our laboratory indicated that TTs can suppress cell growth and induce apoptosis in several cell lines of murine and human cancer [6, 7].

Although the molecular mechanisms underlying these potentially beneficial effects of TTs are still poorly known, some studies performed in our laboratories based on cDNA-array methods, revealed that a TT-rich fraction from palm oil (PTRF) induces a significant reduction of cell proliferation both *in vitro* in cultured breast cancer cells [8, 9] and *in vivo* in tumours induced in athymic mice by the inoculation of human breast cancer cells [10]. This approach led us to identify a set of genes transcriptionally modulated by PTRF and involved in cell cycle control. On the basis of *in silico* and *in vitro* binding experiments coupled with cell culture studies, we have more recently suggested that the effects of specific TT (γ - and δ -TT forms) on gene expression is at least in part mediated by the ability to bind to estrogen receptor beta (ER β) in cultured MDA-MB-231 cells [7], a cell line expressing ER β but not ER α . Such interaction results in the nuclear translocation of ER β and the activation of specific genes containing an estrogen-responsive element (ERE) in their promoter. Finally, in agreement with other authors [11], we showed a pro-apoptotic activity of TTs in the same cell line by observing caspase-3 activation and genomic DNA fragmentation [7].

A number of cell-based and animal models have conclusively demonstrated that an intricate interplay among ER α and ER β activities exist. ER α and ER β are products of different genes and exhibit tissue- and cell-type specific expression and have specific roles in estrogen-dependent action *in vivo* [12, 13]. Several tissues express both receptors and when co-expressed, usually ER β exhibits an inhibitory action on ER α -mediated gene expression and in many instances opposes the actions of ER α . The molecular mechanisms regulating the relative expression of both ERs and their direct or indirect interactions to determine each other's function have been proposed to play an important role in different pathological processes, but are still largely unknown [14].

The aim of this study was to investigate the effect of the PTRF, in a cell line expressing both ER isoforms, the MCF-7 cell line, where ERs mediated cell signaling is the result of a fine tuning and balance between ER α and ER β activity. Moreover, cDNA-array experimental approach, allowed the identification of novel candidate pathways possibly involved in the modulation of cellular signaling by specific TT forms.

2 Materials and methods

2.1 Chemicals

PTRF was obtained from Sime Darby Plantation (Malaysia) and purified as described previously [15]. The final purity of Vitamin E in PTRF was 95–99% and typically contained

32% α -TOCO, 25% α -TT (α -T3), 29% γ -TT (γ -T3) and 14% δ -TT (δ -T3).

Purified TTs were provided by Dr. Hiroyuki Yoshimura of the Eisai Food and Chemical (Tokyo, Japan). Purity was 99% near for all TTs. Pure α -TOCO was purchased by Sigma-Aldrich (St. Louis, MO, USA). Stock solutions of PTRF and TTs were stored at -20°C in aliquots and diluted to the desired concentration in DMSO.

The non-specific ER antagonist ICI 182.780 was purchased from Tocris (Ballwin, MO, USA).

2.2 Cells lines and treatments

MCF-7 human breast cancer cells were obtained from the American Tissue Culture Collection (Manassas, VA, USA). Cells were grown in RPMI 1640 medium (Sigma-Aldrich) supplemented with 10% foetal bovine serum (Sigma-Aldrich), Pen/Strep (Invitrogen Life Science, CA, USA), 2 mM glutamine (Sigma-Aldrich) and 10% non-essential aminoacid (MEM, Sigma-Aldrich).

Before any experimental session, cells were synchronized in G₁/G₀ by starvation in serum-free medium for 3 days. Once synchronized, 5.0×10^5 cells were seeded onto multi-well plates in phenol red-free RPMI 1640 and, where appropriate, incubated with ICI 182.780 (10^{-5} M in ethanol) for 30 min.

PTRF or α -TOCO was added to the culture medium for 24 and 48 h or only 24 h, depending on the type of experiment.

Final PTRF concentration in culture media was set at 8 $\mu\text{g}/\text{mL}$, to standardize this study according with our previous reports [8]. α -TOCO concentration was 2.56 $\mu\text{g}/\text{mL}$. Moreover, concentrations of purified TTs are 2 $\mu\text{g}/\text{mL}$ (β -TT) and 2.32 $\mu\text{g}/\text{mL}$ (γ -TT). Concentrations reported for TTs and α -TOCO are related to the percentage present in the PTRF mixture. Concentrations of TTs used in the experiments were in the micromolar order, which is a concentration that can be achieved in the human serum, as described previously [16]. Control cells were treated with the same volumes of DMSO and/or ethanol vehicle alone.

2.3 Nuclear localization of ER β and ER α

About 1×10^5 cells were treated with PTRF or α -TOCO, in the Lab-Tek Chamber Slides™ system (Nalge Nunc International, Rochester, NY, USA), for 24 h according to the previous article [7]. Cells were incubated with 20 μL of the diluted (1:20) ER β or (1:50) ER α primary antibody (Santa Cruz Biotechnology, Santa Cruz, CA, USA), and stained with 100 μL DAPI to counterstain the nucleus. A Zeiss Axioskop II (Carl Zeiss AG, Oberkochen, Germany) microscope with appropriate filters was used. Images were collected and processed using the SPOT software.

2.4 RNA isolation and real-time PCR measurements

Total RNA was extracted from cells using TRI Reagent™ (Sigma-Aldrich), according to the manufacturer's instructions with some minor modifications [7]. Primers (Table 1) corresponding to selected genes were designed with Primer Express 2.0 (Applied Biosystems, Foster City, CA, USA). Real-time PCR were performed using the SuperScript™ Platinum® SYBR® Green One-Step kit (Invitrogen) according to the previous article [7]. The C_t values for each target and reference genes were obtained and their difference was calculated (ΔC_t). For normalization purpose, an identical set of reaction was prepared using primer specific for β -actin. Quantitative differences in the cDNA target among samples were determined using the mathematical model of Pfaffl [17] as described in the previous article [7].

2.5 Protein extraction and Western blot

Cells were lysed in RIPA buffer and samples were submitted to electrophoresis as described by Comitato *et al.* [7] and then incubated overnight at 4°C with a 1:500 dilution of rabbit early growth response-1 antibody (EGR-1; Santa Cruz Biotechnology), 1:500 Cathepsin D rabbit antibody (Santa Cruz Biotechnology), 1:250 Macrophage Inhibitory Cytokine-1 goat antibody (MIC-1; Novus Biologicals, Littleton, CO, USA), 1:500 bone morphogenetic protein 4 (Bmp-4; Santa Cruz Biotechnology), 1:400 ER α (Santa Cruz Biotechnology), 1:1000 ER β (Santa Cruz Biotechnology) and 1:1000 α -tubulin mouse antibody (MP Biomedicals, Irvine, CA, USA). After washing with TPBS, membranes were incubated for 1 h at RT with 1:2000 goat anti-mouse or goat anti-rabbit or 1:5000 donkey anti-goat peroxidase-conjugated secondary antibodies (Santa Cruz Biotechnology). Specific spots were detected by chemiluminescence reagents ECL Plus (Amersham Pharmacia Biotech, Piscataway, NJ) and visualized by autoradiography by high-performance chemiluminescence film (Amersham Biosciences, Buckinghamshire, UK).

2.6 DNA laddering

DNA fragmentation was assessed according to Gooch and Yee [18] in cells after 24 h treatment with PTRF and

α -TOCO. Following the isolation, DNA was electrophoresed in 1.5% agarose gels containing ethidium bromide and visualized by UVipro Bronze acquisition system (UVITEC, Cambridge, UK).

2.7 RNA extraction and cDNA-array experiment

After 24 h of TTs treatment, total RNA was extracted from cells using RNeasy mini kit (Qiagen, Hilden, Germany), according to the manufacturer's instructions. The isolated RNA samples were sent to ServiceXS BV (Leiden, The Netherlands) where they were processed according to Affymetrix protocols.

Briefly, RNA concentration was determined by absorbance at 260 nm, and quality and integrity was verified using the Agilent 2100 Bioanalyzer (Agilent Technologies). Next, 2 μ g of high quality total RNA was used with the Affymetrix Eukaryotic One-Cycle Target Labeling and Control reagents to generate biotin-labelled anti-sense cRNA. The quality of the cRNA was checked using the Agilent 2100 bio-analyzer.

The labelled cRNA was hybridized to the NuGO Affymetrix Human Genechip NuGO_Hs1a520180 (custom designed by the European Nutrigenomics Organization NuGO, consisting of 23 941 probesets including 71 control probesets, for details see <http://blog.bigcat.unimaas.nl/~martijn/NuGO/>).

Cell intensity File (*.cel) for each GeneChip processed are generated using Command Console Software. Three biological replicates were generated for each experimental condition. Microarrays statistical analysis was performed using oneChannelGUI R package [19], using a custom CDF file for NuGO_Hs1a520180 (based on Entrez Gene, version 10.0.0; available via <http://nugo-r.bioinformatics.nl/NuGOR.html>).

Raw signal intensity were normalized using Express method with robust multi array as background correction and keeping the remaining values to their default values.

Differentially expressed genes analysis was performed using “compute linear model fit” function in oneChannelGUI and then computing the “contrasts” with the analogous function of oneChannelGUI inherited from affyGUI [20]. The differentially expressed genes are chosen setting as threshold a delta fold change at least 1 and with 0.05 *p*-value after Benjamini–Hochberg correction.

This approach provided expression values for 2770 (γ -TT *versus* Control) and 1168 (α -TT *versus* Control) genes differentially expressed, respectively.

Table 1. List of genes considered, GenBank identification code and sequence of primers utilized for real-time PCR

Gene	GenBank	Forward	Reverse
MIC-1	NM_004864	5'TGGTGCTCATTCAAAGACCG3'	5'GTGGAAGGACCAGGACTGCTC3'
EGR-1	NM_001964	5'CTCCACAGGGCTTTTCGGAC3'	5'GAGAGGGAGGACTTGGCTCTG3'
Cathepsin D	NM_001909	5'CTGTGAGGCCATTGTGGACAC3'	5'CAGCTTGTAGCCTTTGCCTCC3'
Bmp-4	NM_001202	5'GCCGTCATTCCGGACTACAT3'	5'GGGCGCTCAGGATACTCAAG3'
β -Actin	NM_001614	5'AGAAGGATTCTATGTGGGGG3'	5'CATGTCGTCCAGTTGGTGAC3'

2.8 Network analysis

A global network for all the genes differentially expressed in our set of comparison was built using MIMI plug-in [21] of Cytoscape [22], selecting as query parameter: input gene and nearest neighbourhood. This resulted in a network of around 6000 genes on which we have mapped microarray expression data for retrieve only the subset of genes differentially expressed in one comparison as described previously.

Over-representation of KEGG pathway was computed using DAVID [23] web server (<http://david.abcc.ncifcrf.gov/home.jsp>). The selected pathways are chosen according to a *p*-value below 0.05.

2.9 Statistics and data presentation

All data are presented as the means \pm SE of at least three independent experiments. Statistical analysis was performed with “R software” from “R Foundation for Statistical Computing” (Vienna, Austria). Real-time data were analyzed by one-way ANOVA with repeated measures followed by the Bartlett and Fligner–Killeen test for homogeneity of variance. Dunnett *post hoc* test was used to evaluate difference among multiple conditions. About $p \leq 0.05$ were considered to be statistically significant.

Figures and tables present one out of at least three independent experiments providing similar results or the mean (\pm SE) of at least three experiments, respectively.

3 Results and discussion

TTs are attracting increasing scientific interest as candidate for specific biological actions, well beyond their antioxidant activity, affecting cellular function and survival.

PTRF is a standardized mixture obtained from palm oil. It contains about 70% w/w of TTs together with α -TOCO and carotenoids and it has been often utilized as a tool to study the biological effects of TTs. We initially considered the effect of PTRF in inhibiting breast cancer cell growth [24, 25]. In these early reports, the observation that PTRF pro-apoptotic activity in breast cancer cells was not associated with a specific ERs expression profile, led to the conclusion that PTRF activity was independent of estrogen-related signaling. However, we have recently reported a direct interaction of PTRF and purified TTs with ER β , by combining results obtained with software-based docking simulations, *in vitro* estrogen (E2) displacement assays and immunocytochemistry and by evaluating ERE-dependent gene expression in the MDA-MB-231 cell line, expressing only ER β [7].

As mentioned in Section 1, an intricate interplay between ER α and ER β activities has been demonstrated in a number of experimental models. However, the final effect of the

ligand–receptor interaction in the presence of the co-expression of both ER isoforms is not obvious in different circumstances, and warrants further investigation. ER α and ER β belong to the nuclear receptors superfamily and more specifically to the family of steroid receptors acting as ligand-regulated transcription factors [26]. There are several complex relationships between the two receptors. On a simplification attempt, such complex relationship has been considered as a “*yin/yang*” like interaction. In fact, ER α and ER β have different biological functions, as indicated by their different expression patterns [14]. In particular, as mentioned above, ER β appears to act as a dominant regulator of estrogen signalling, and when co-expressed with ER α , it causes a concentration-dependent reduction in ER α -mediated transcriptional activation [12, 27]. However, it has been argued that the ER β -dependent antagonism of ER α -mediated responses does not represent a general mechanism in ER signalling, as it could be restricted to a limited number of genes [28]. Therefore, on the basis of these observations, it is possible to speculate that TTs binding to ER β , modulate a specific cell response that also results in the down-regulation of ER β expression inducing a shift of ER α /ER β balance in favour of ER β , which can be responsible for the reduction of MCF-7 tumourigenicity [13]. Consistent with this view, E2 has been reported to increase cell proliferation and to cause tumour formation in MCF-7 cells expressing higher levels of ER α than ER β [14].

A number of evidences suggest that there are several distinct pathways by which estrogens, *via* ERs, can regulate a wide spectrum of biological processes [29]. In the classical model of ER action, ligand-activated ERs specifically bind DNA at EREs through their DNA-binding domains and bring co-regulators to the transcription start site. In order to identify which pathways were activated, we tested the expression of a selected small set of ERE-containing genes (namely, MIC-1, EGR-1 and Cathepsin D) in MCF-7 cells, at baseline and after PTRF treatment, in the presence of ICI 162,780, a specific ERs inhibitor. This set of genes was selected from a database previously identified using a gene array approach [10]; moreover, they were also considered and analyzed in our previous article on MDA-MB-231 cells [7].

Therefore, the aim of this study was to investigate the molecular pathways activated by treatment with either PTRF or specific TTs, leading to apoptosis in breast tumour cells expressing both ER isoforms. To this purpose, we have utilized MCF-7 human breast cancer cells, expressing ER α and ER β at the level of both RNA transcript and protein [30].

Our first aim was to confirm our previous observations of an agonist interaction of TTs with ER β . In agreement with the previous reports [31], in baseline conditions, the localization of ER β in MCF-7 cells is predominantly cytoplasmatic (Fig. 1). After 24 h of treatment with PTRF, an evident nuclear staining is visible, indicating a significant translocation of the receptor inside the nucleus. On the other hand, at the same time point, ER α which is normally located in the

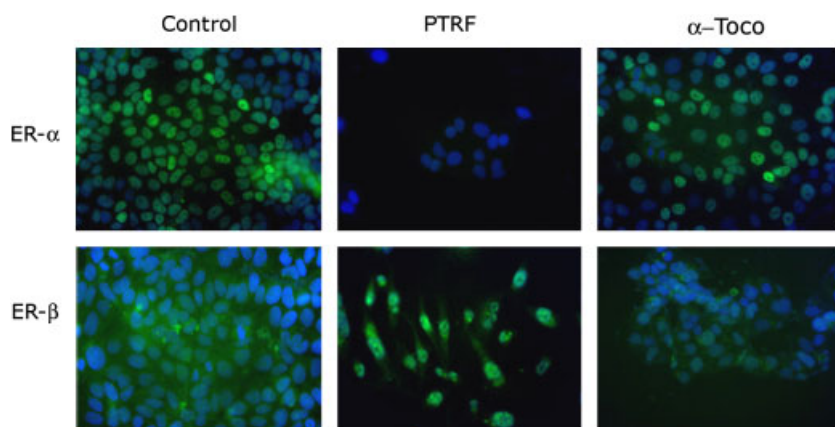


Figure 1. Cells were treated for 24 h with PTRF (8 μ g/mL) or α -TOCO (2.56 μ g/mL). PTRF treatment was associated with ER β strong nuclear staining and total disappearance of nuclear ER α . On the other hand, no difference was observed in cells treated with α -TOCO in respect to control. One out of the three independent experiments yielding similar results is shown.

nucleus [32], is no more visible. Moreover, in agreement with our previous results obtained on MDA-MB-231 cells [7], α -TOCO treatment of MCF-7 is not associated with any significant changes of ER α and ER β localization, with respect to control cells. These results indicate that PTRF, but not α -TOCO, induces the nuclear transfer of ER β also in the presence of ER α , suggesting a specific role of ER β as mediator of PTRF effects. Moreover, in cells treated with γ -TT and δ -TT, but not α -TT, we have observed the same trend of localization associated to PTRF of ER α and ER β (data not shown).

In MCF-7 cells, PTRF treatment induces a significant increase of the expression of MIC-1 and EGR-1 mRNAs, after 24 and 48 h of treatments (Figs. 2A and B, respectively). Unexpectedly, Cathepsin D mRNA is down-regulated after 24 h and slightly up-regulated after 48 h of PTRF treatment. Pre-treatment with ICI 182.780 partially prevents the modulation of all genes. As expected, the expression of an ERE-lacking gene, Bmp-4, utilized as a “negative control” to exclude the possibility of a non-specific activation of gene expression by PTRF, remains unchanged in all the experimental conditions.

Protein levels are consistent with the amount of mRNA measured: MIC-1 and EGR-1 levels were significantly increased by PTRF treatment (Fig. 3) while remained stable at the baseline level in the presence of ICI 182.780 pre-treatment (Fig. 3). Surprisingly, and in disagreement with mRNA levels, Cathepsin D protein expression increased. According to the unchanged mRNA expression, the protein levels of the ERE-lacking gene Bmp-4 were not affected by treatments. ICI 182.780 treatment alone was not associated to any effects.

Our data indicate that the effects of PTRF on gene expression modulation in MCF-7 cells are due, at least in part, to its interaction with ER β transcriptional pathway. ICI 182.780 is a well-known specific estrogen antagonist blocking the majority of pathways mediated by ER α and ER β [33]. The inhibition of the effects of PTRF in the presence of this inhibitor, as demonstrated by Real-time PCR and Western blot analyses, clearly indicates that ER β specifically mediates PTRF effects.

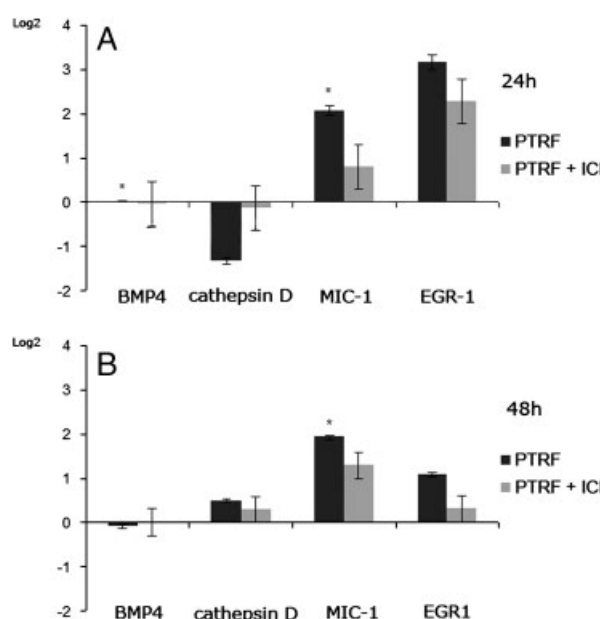


Figure 2. Expression of Bmp-4, EGR-1, MIC-1 and Cathepsin D genes in MCF-7 cells treated for 24 and 48 h with 8 μ g/mL PTRF. Where appropriate, cells were pre-treated with ICI 182.780 for 30 min. Gene expression was analyzed by real-time quantitative PCR and results were log transformed (logarithm 2) in order to obtain data symmetrically distributed. Statistical significance was calculated by Dunnett *post hoc* test ($p = * \leq 0.05$).

Moreover, the treatment with PTRF is associated with alterations of the morphology of MCF-7 cells. We observed a loosening of cellular spindle shaped morphology with cells becoming smaller and rounded, detaching and flattening. Trypan blue staining indicates that the majorities of floating cells are not necrotic and still alive (data not shown), suggesting that the cells might have started apoptosis. In order to determine whether PTRF may induce apoptosis, we extracted DNA from adherent and non-adherent cells and then subjected it to agarose gel electrophoresis. Figure 4 shows that DNA fragmentation occurs in MCF-7 cells treated with PTRF. This effect is in agreement with previously

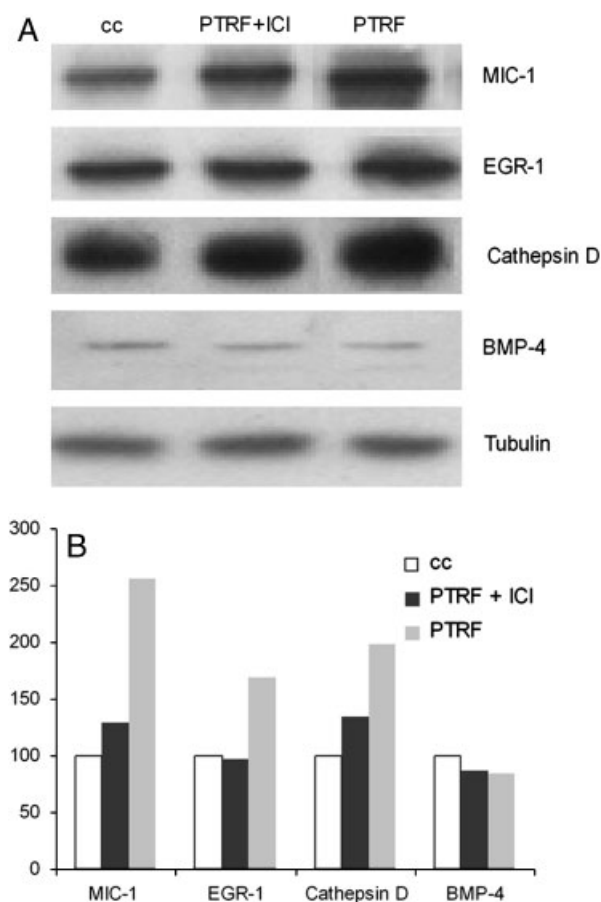


Figure 3. Total proteins from MCF-7 cells treated for 48 h with 8 μ g/mL PTRF. Where appropriate, cells were pre-treated with ICI 182.780 for 30 min.

published articles by other authors that showed evident pro-apoptotic [34–36] and inhibitory effects on cell growth [24, 37] either by purified TTs or by PTRF.

In our previous study on MDA-MB-231 breast cancer cells, we have showed that the activity of PTRF mainly relied on γ - and δ -TT, but not on α -TT and α -TOCO [7]. We therefore hypothesized that γ - and δ -TT could be the real effectors of PTRF activity also in MCF-7. In order to corroborate this hypothesis, cDNA-array-based experiments were performed, utilizing RNA extracted from MCF-7 cells treated with purified TTs. This approach confirmed the Real-time PCR experiments and, in addition, showed a strong down-regulation of ER α (ESR1) mRNA expression, in agreement with immunocytochemistry assay. Moreover, this approach allowed the identification of specific cellular signalling networks associated with TTs effects. Among others, the network analysis performed comparing γ -TT and α -TT treatments *versus* control samples revealed the activation of specific molecular pathway, in cells treated with γ -TT but not with α -TT (Fig. 5). In particular, we observed a significant up-regulation of mRNAs encoding for enzymes involved in the steroid biosynthesis pathway, and the modulation of several

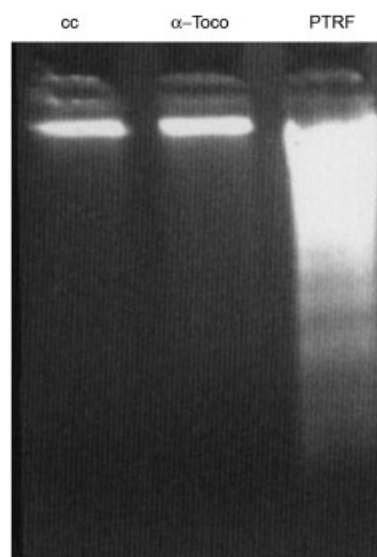


Figure 4. DNA ladder in MCF-7 cells treated for 24 h with PTRF (8 μ g/mL) or α -TOCO (2.56 μ g/mL) and then DNA was extracted and electrophoresed in 1.5% agarose gels containing ethidium bromide and visualized by UVIpro Bronze acquisition system (UVITEC). The typical apoptotic ladder was observed only in PTRF-treated cells.

repressors of transcriptional factors: namely the up-regulation of forkhead box K1, forkhead box P3, retinoblastoma-binding protein 1, ARID domain-containing protein 5B, and NF-kappa-B inhibitor-like protein 2 and the down-regulation of E74-like factor 1, hexamethylene bis-acetamide-inducible protein 1, methyl CpG-binding protein 2, heat shock factor binding protein 1 and nuclear receptor co-repressor 2. The modulation of the expression of these genes has been associated to the development of mammary carcinoma [38, 39], suggesting that they play a role in the adaptability of cancer cells to pro-apoptotic stimuli.

Using a plug-in of Cytoscape software, we built up the network of the specific genes regulated by PTRF. The network analysis revealed that some of the repressors of the transcription factors, NRIP1, THR, hexamethylene bis-acetamide-inducible protein 1 and methyl CpG-binding protein 2, directly modulate ER α mRNA expression [39–42], suggesting a role for these molecules in the down-regulation of ER α observed in MCF-7 treated with γ -TT.

cDNA arrays also indicate that Wnt genes are affected by TT treatment. Wnts regulate a variety of cellular activities, including proliferation, migration, polarity and gene expression [43] and they have been proposed to be implicated in tumour formation in different organs [44]. Interestingly, we observed a strong decrease of frizzled-1 mRNA, one of the main seven trans-membrane receptors of Wnt molecules [45]. The expression of frizzled-1 receptors has been reported to be usually up-regulated in breast cancer [46]. Moreover, we found an up-regulation of genes encoding for secreted frizzled-related protein-1 and -4 (SFRP-1

Pathway	Gene Symbol	Gene Name	γT	αT
Biosynthesis of Steroids	LSS	lanosterol synthase		
	SC4MOL	sterol-C4-methyl oxidase-like		
	HMGCR	3-hydroxy-3-methylglutaryl-Coenzyme A reductase		
	NQO1	NAD(P)H dehydrogenase, quinone 1		
	VKORC1	vitamin K epoxide reductase complex, subunit 1		
	MVD	mevalonate (diphospho) decarboxylase		
	FDF1	farnesyl-diphosphate farnesyltransferase 1		
	SQLE	squalene epoxidase		
	HSD17B7	hydroxysteroid (17-beta) dehydrogenase 7		
	DHCR7	7-dehydrocholesterol reductase		
	ID1	isopentenyl-diphosphate delta isomerase 1		
	GGCX	gamma-glutamyl carboxylase		
Apoptosis	FDP5	farnesyl diphosphate synthase		
	APAF1	apoptotic peptidase activating factor 1		
	CYC3	cytochrome c, somatic		
	CASP10	Caspase 10		
	BID	BH3 interacting domain death agonist		
Cell Cycle	AIFM1	apoptosis-inducing factor, mitochondrion-associated, 1		
	FZR1	tzzy/cell division cycle 20 related 1		
	TFDP1	transcription factor Dp-1		
	CDC7	cell division cycle 7 homolog		
	ORC1L	origin recognition complex, subunit 1-like		
	CDC6	cell division cycle 6 homolog		
	BUB1	budding uninhibited by benzimidazoles 1 homolog		
	CHEK1	CHK1 checkpoint homolog		
	MCM4	minichromosome maintenance complex component 4		
	ORC5L	origin recognition complex, subunit 5-like		
	MCM3	minichromosome maintenance complex component 3		
	MCM6	minichromosome maintenance complex component 6		
	PTTG1	pituitary tumor-transforming 1		
	TP53	tumor protein p53		
	ANAPC11	anaphase promoting complex subunit 11		
	E2F3	E2F transcription factor 3		
	MCM7	minichromosome maintenance complex component 7		
	CDC14A	CDC14 cell division cycle 14 homolog A		
Calcium Signaling	MCM2	minichromosome maintenance complex component 2		
	HDAC1	histone deacetylase 1		
	CDK4	Cyclin-dependent kinase 4		
	TRPC1	transient receptor potential cation channel1 subfamily C		
	CALML6	calmodulin-like 6		
	ATP2B2	ATPase, Ca++ transporting, plasma membrane 2		
	SLC8A1	solute carrier family 8		
	GNA11	guanine nucleotide binding protein		
	SLC25A5	solute carrier family 25		
	BCL2A1	BCL2-related protein A1		
Oxidative phosphorylation	ADORA2B	adenosine A2b receptor		
	EDNRA	endothelin receptor type A		
	CHRM1	cholinergic receptor, muscarinic 1		
	ADRA1B	adrenergic, alpha-1B-, receptor		
	ATP2A3	ATPase, Ca++ transporting, ubiquitous		
	COX4I1	cytochrome c oxidase subunit IV isoform 1		
	ATP4B	ATPase, H+K+ exchanging, beta polypeptide		
	NDUFA4L2	NADH dehydrogenase (ubiquinone) 1 alpha subcomplex		
	UQCRCB	ubiquinol-cytochrome c reductase binding protein		
	NDUFA9	NADH dehydrogenase (ubiquinone) 1 alpha subcomplex, 9		
	ATP6A1	ATPase, H+ transporting, lysosomal accessory protein 1		
	ATP6V1D	ATPase, H+ transporting, lysosomal 34kDa		
WNT signaling pathway	ATP6V1G3	ATPase, H+ transporting, lysosomal 13kDa		
	ATP6V1E1	ATPase, H+ transporting, lysosomal 31kDa		
	COX6C	cytochrome c oxidase subunit VIc		
	UQCRCF51	ubiquinol-cytochrome c reductase		
	ATP6V0E1	ATPase, H+ transporting, lysosomal 9kDa		
	PPA1	pyrophosphatase (inorganic) 1		
	COX7B	cytochrome c oxidase subunit VIIb		
	ATP5H	ATP synthase, H+ transporting, mitochondrial F0 complex		
	COX6A1	cytochrome c oxidase subunit VIa polypeptide 1		
	WNT11	wingless-type MMTV integration site family, member 11		
	WNT7A	wingless-type MMTV integration site family, member 7A		
	ROCK1	Rho-associated, coiled-coil containing protein kinase 1		
Transcription repressor	CSNK2B	casein kinase 2, beta polypeptide		
	RHOA	ras homolog gene family, member A		
	DVL1	dishevelled, 5th homolog 1		
	FZD1	frizzled homolog 1		
	SFRP4	secreted frizzled-related protein 4		
	SFRP1	secreted frizzled-related protein 1		
	FZD10	frizzled homolog 10		
	DKK1	Dickkopf homolog 1		
	NCOR2	nuclear receptor co-repressor 2		
	NRIP1	nuclear receptor interacting protein 1		
	HSPB1	heat shock factor binding protein 1		
	SIN3B	SIN3 homolog B, transcription regulator		
Transcription repressor	NFKBIL2	nuclear factor of kappa light polypeptide gene enhancer in B cells inhibitor-like 2		
	FOXK3	forkhead box P3		
	PSM3	proteasome (prosome, macropain) 26S subunit, ATPase, 3		
	HEXIM1	hexamethylene bis-acetamide inducible 1		
	ELF1	E74-like factor 1		
	UBP1	upstream binding protein 1		
	MYST4	MYST histone acetyltransferase 4		
	SAP1B	Sin3A-associated protein, 18kDa		
	NAB2	EGR1 binding protein 2		
	CBX4	chromobox homolog 4		
	MECP2	methyl CpG binding protein 2		
	EED	embryonic ectoderm development		
	RBK1	RB-associated KRAB zinc finger		
	ARID5B	AT rich interactive domain 5B		
	ARID4A	AT rich interactive domain 4A		
	ZBTB32	zinc finger and BTB domain containing 32		
	FOXK1	forkhead box K1		
	THRB	thyroid hormone receptor, beta		
	MYBBP1A	MYB binding protein		
	ATF3	activating transcription factor 3		
	REST	RE1-silencing transcription factor		
	KCNIP3	Kv channel interacting protein 3, calnexin		
	KLF12	Kruppel-like factor 12		
	PATZ1	POZ (BTB) and AT hook containing zinc finger 1		

and SFRP-4). SFRPs represent a family of extracellular factors that antagonizes Wnt activities [47]. An up-regulation of SFRP1 and SFRP4 has been associated to apoptosis [48, 49] whereas their down-regulation has been observed in breast cancer [49]. It has been recently reported that the activation of ER-independent Wnt/ β -catenin signalling by estrogen in uterine epithelial cells during the early growth phase, significantly contributes to the ER-dependent late growth response [50]. Moreover, Yokota *et al.* identified SFRP1 as an estrogen-inducible gene in stromal cells [51].

At single gene level, we observed a strong down-regulation of MCM3 gene, one of the members of the hexameric minichromosome maintenance (MCM) complex. An incomplete functionality of the hexameric MCM complex has been reported to prevent the unwinding of DNA double helix during the S-phase of mitosis [52]. The protein encoded by this gene is involved in the initiation of eukaryotic genome replication and is usually over-expressed in several types of tumour [53]. Moreover, we detected a modulation of cell cycle pathway following γ -TT treatment. In particular, we observed a down-regulation of pituitary tumour-transforming gene together with an up-regulation of tumour protein p53 gene. Similarly to MCM3, pituitary tumour-transforming gene is usually over-expressed in breast cancer cells [54] and encodes for human securin, a protein that interacts with p53 blocking its interaction with DNA and thus inhibiting its ability to induce cell death [55].

Moreover, focusing to the Ca^{2+} -related signalling pathways, we observed a strong down-regulation of the expression of BCL2A1, a negative modulator of mitochondrial apoptosis, and of ATP2A3 gene, which encodes for a sarcoplasmic/endoplasmic reticulum calcium ATPase (SERCA)-3 responsible for resorption of cytosolic calcium inside the endoplasmic reticulum [56]. It is well known that high levels of cytosolic Ca^{2+} act as a mitochondrial pro-apoptotic signal. In fact, in normal conditions the equilibrium between cytosolic and endoplasmic reticulum calcium levels is maintained by SERCA pumps combined with proteins Bax/Bcl2 balance modulating the release of cytochrome c from mitochondria. Accordingly, low expression of SERCA and Bcl2 result in high level of cytosolic Ca^{2+} [57].

◀ **Figure 5.** Over-represented KEGG pathways and GO biological processes in γ - and α -TTs *versus* control cDNA arrays experiments. From all the expressed genes, according to array analysis, were chosen only genes with a delta FC value ($\text{expr}(\text{treatment}) - \text{expr}(\text{Control})$) at least 1 and a *p*-value adjusted for Benjamini–Hochberg correction of 0.05. The entire set of differentially expressed genes in treatments *versus* control was used as input for DAVID web server. Only the biological processes with a *p*-value below 0.05 were considered as over-represented. We also illustrated delta FC values for treatments *versus* controls (see text for more details).

Finally, as demonstrated by immunocytochemistry experiments, γ -TT but not α -TT, activates apoptosis in MCF-7. cDNA-array data confirm that α -TT does not activate any pro-apoptotic gene. On the other hand, γ -TT down-regulates cytochrome *c* gene expression and activates the apoptosis inducing factor-mitochondrion associated. Moreover, γ -TT modulates different genes involved in mitochondrial phosphorylation, including different subunits of the cytochrome *c* oxidase. In particular, the subunit IV (COX4I1) is down-regulated by 276 folds in comparison to control. The decrease of the subunit IV has been demonstrated to disassemble the enzyme complex and to compromise membrane potential, leading to a decrease of ATP levels and to a sensitization of the cells to apoptosis [58]. Therefore, on the basis of these observations, we can hypothesize that the molecular mechanism underlying γ -TT induced apoptosis in MCF-7 cells is, at least in part, mitochondria-driven.

In general, we remark that the biological processes specifically modulated by γ -TT, but not α -TT, share many similarities with gene expression profiling of estrogen-regulated genes in MCF-7 breast cancer cells after treatment with anti-estrogens drugs [59].

On the basis of these results and previously published data [7], we can hypothesize that γ -TT induction of specific metabolic pathways and of apoptosis act through an ER β -associated signal transduction pathway. However, the involvement of different transduction pathways in TTs effects cannot be excluded. Further studies are needed to fully understand the molecular mechanisms underlying TT effects.

4 Concluding remarks

These data confirm our previous original observation indicating an estrogenic activity of specific TTs forms and corroborate the notion that TTs biological activity is specific, distinct from TOCOs and not “restricted” to their antioxidant capacity [60, 61]. Moreover, the evidence that TT do not share a significant number of biological activities with the related TOCOs, also suggests that the possibility to pull them apart from the “heterogeneous” family of Vitamin E, and to propose new roles and functions for this class of molecules in human health and disease.

Moreover our observations may have a pharmacological concern. In the last years, the estrogenic therapy has been mainly based on the targeting of ER α and ER β ; and in particular, a number of studies addressed a protective role of ER β against breast cancer development. Therefore, the detection of molecules acting as specific target for ER α and ER β would open up to original “nutritional management” opportunities and possibly to novel therapeutic approaches.

All these observation strongly suggest that the molecules of nutritional interest eliciting ER β activity can act as possible tumour suppressors. Our observations could open

new avenues for a specific role of TTs in regulating gene expression and in modulating the growth of breast cancer cell and of other tumour in part or totally dependent on estrogen signals.

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